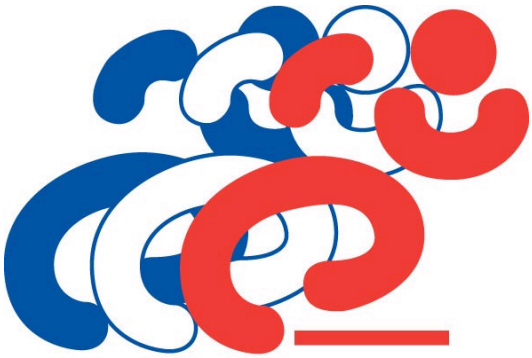

Disability Sport Events

"DSE is a Division of English Federation of Disability Sport- Registered Charity No. 1075180"

DSE South East Regional Open Competition 2011

National S1 - S10 Classifications will be offered to swimmers on waiting list and who enter this competition
Officials Disability CPD course will take place enquires to Dave Harman – dave.j.harman@gmail.com

Short Course – 25 metres

Saturday 12 February 2011

THE QUAYS SOUTHAMPTON

15:00 Warm Up
15:30 First Race

Supported by:

******RULES CONDITIONS AND INFORMATION. ******

National Classifications will be offered
Officials Disability Awareness CPD course will be run

- The competition will be held under IPC Rules with DSE exemptions.
- The event is open to disabled swimmers only.
- Swimmers must be 10yrs as at 31 December 2011.
- The One Start Rule will apply.
- **The Entry Fee will be £3.50 per swim (Entries cannot be processed without correct entry fees).**
  Entry for Relay events – Free.

- **Closing date for Entries midnight on Saturday 8 January 2011.**

ENTRIES TO BE SENT TO
Leslie Hibbert
By e mail to the address below

david.hibbert@btinternet.com

- **All hard copies with remittance/cheque to address below. Please make your cheque(s) payable to DSE SOUTH EAST REGION.**
- **Sue Barker 61 Mandarin Way, Howe Road. Gosport Hants. PO13 8DP**

- All Individual events will be swum in the following order, please also note that there are maximum entry times on 25-meters events. This means that **NO** entries will be accepted if the entry times are faster than those stated below.

1. 100 Freestyle	
2. 25 Breaststroke	30 seconds for male swimmers 35 seconds for female swimmers
3. 100 Butterfly	
4. 100 Individual Medley	
5. 25 Backstroke	30 seconds for male swimmers 35 seconds for female swimmers
6. 50 Butterfly	
7. 50 Breaststroke	
8. 25 Butterfly	30 seconds for male swimmers 35 seconds for female swimmers
9. 50 Backstroke	
10. 200 Freestyle	
11. 4x50 Medley Relay	*If Time Permits*
12. 25 Freestyle	25 seconds for male swimmers 30 seconds for female swimmers
13. 100 Breaststroke	
14. 100 Backstroke	
15. 50 Freestyle	
16. 4x50 Freestyle Relay	*If Time Permits*

- Event entries will be strictly Time Banded. – **The success of the competition depends on accurate swim times being submitted.**

- **ALL DIVE START CERTIFICATES TO BE SUBMITTED WITH ENTRY FORMS.**
- It will be swum with males and females swimming separately. Unless the lack of entries requires them to swim together.
- Team Relay events**:** 4 x 50m. Freestyle Team, 4 x 50m. Medley Team. Teams may enter as many Teams as they wish for the Relay events. The promoter reserves the right to reject relay teams if numbers of entries requires them to do so.
- Swimmers **must** report to the Competitors Stewards (situated at the deep end of the pool) at least three (3) events before the start of their event. Swimmers will not be called or waited for if they are not present the event will run without them. If a swimmer misses his/her heat/event they will not be allowed to swim in another heat/event
- **Swimmers must swim in the lane that has been allocated to them unless requested to change by the Referee.**
- Any swimmer who requires the use of the hoist or is a medical alert and needs an outside lane please inform us on the entry form
- Team Managers and Individual Entries (swimmers); please report/register upon your arrival to the registration clerks in the foyer. **REGISTRATION WILL BE FROM 14.00 to 14.40. A desk will be provided in the Foyer of The Quays. Swimmers who do not sign in on time may miss their event**
- Within the guidelines of the ASA Child Protection Policy and the Promoters Club Members Protection Policy, anyone wishing to use a Video Camera and or a Wide Lens and or a Zoom Lens Camera during any part of this event, including the Warm up period, must complete the Photography Registration Form (enclosed), return with your entry or hand it to the staff at Registration Desk upon your arrival. Failure to do this will lead to the Camera operator being asked to leave the event.
- Team Managers and Individual Entries (swimmers) will receive start sheets at the beginning of the session. Further programmes will be available at the door a charge will be made
- **All withdrawals must be reported to registration desk no later than 14.40**
- **Any withdrawals will NOT be refunded.**
- The promoters have the right to refuse entries.
- The results will be placed on the SER web site upon completion of the competition.
- Lifeguard cover throughout the competition.
- Pool hoist is available, if required (please inform on entry form).
- Team Managers Support Staff are reminded there is to be no coaching from the pool deck.
- Starting devices are to be checked before the start of the competition.

POOL AND POOLSIDE SAFETY

- **FIRE EXITS** are clearly marked. Everyone attending must ensure that they familiarise themselves with these exits in case of any emergency. A copy of the Pools NOP's and EAP's will be available upon request from the Leisure Centre Reception Desk.
- Team Managers/Individual swimmers shall satisfy themselves that their swimmers/individuals are competent to the standard of the ASA Competitive Start Award. Any swimmer who is not competent must start from the poolside

or in the water. In the event of a false start swimmers must execute a shallow racing dive. They must not topple in headfirst as this is dangerous.

- Team Managers please ensure you have enough team support on the pool deck the swimmers are your responsibility.

The depth of the pool:	**Shallow end. 1.2m.**
Deep end.	**2m.**
The width of the pool:	**12.5m.**
Length of Pool:	**25m.**

- **NO DIVING FROM THE SHALLOW END OF THE POOL WILL BE ALLOWED AT ANYTIME.**
- **The use of the Diving Pit and Fun Pool before, during or after the competition is not permitted.**
- Swimmers and spectators are reminded that property should not be left unattended at any time. DSE South East Region cannot accept liability for any loss or damage that may occur.
- Lockers are provided in the changing room please ensure you have change
- Any matter not covered above will be decided at the discretion of the DSE South East Region who also reserves the right to make any changes that may be considered necessary for the smooth running of the event.

Should you have any queries regarding the above, please do not hesitate to contact the DSE South East Region Team Manager Sue Barker on 07746 360839 or by e mail gosportsue@hotmail.com

We look forward to receiving your entry(s)

REMINDER:

CLOSING DATE FOR ENTRIES MIDNIGHT ON THE 8 Janu 2011.ry

All entries to

Leslie Hibbert

at

david.hibbert@btinternet.com

Enquires to Sue Barker
gosportsue@hotmail.com
07746 360839

Closing Date for Entries:
Saturday 8January 2011