

ASA South East Region



The Official Newsletter of the ASA South East Region

MAY/JUNE 2010



REGIONAL DIRECTOR

Welcome to the latest edition of the South East Region Newsletter. The sharp eyed of you will notice that I am a new face staring at you from the front cover. My name is Keith Sutton and I am the new Regional Director for the South East. For the last six years I have been working at a County Sports Partnership (Active Norfolk) in the East region, as the sports development manager. I was responsible for the development of 46 sports within the County of Norfolk, where I supported the National Governing Bodies of sport to engage with local authorities and school sport partnerships, ensuring a more coordinated approach. Within this position I had strong links with Norfolk ASA helping them to successfully fund and deliver their aquatics strategy. Some of you may recognise me from my formative days as a swimmer in Oxfordshire. Looking back, my swimming career was probably only an average one, but the friendships, contacts and life skills I have learnt through swimming have stayed with me. This is why I believe swimming is an excellent sport to engage young people in a positive activity and encourage them to excel in life.

WELCOME

The full colour version of this newsletter is available to download from our website:

www.southeastswimming.org

We welcome your feedback. To comment or subscribe, please email us at: office@southeastswimming.org

Statistics show that if we can engage people in swimming regularly, then they swim for life. Learn to Swim sections and clubs have a major role in engaging and retaining people within aquatics, helping them to excel to their full potential. That's why events like the South East Aquatics Workforce Conference are key to supporting our valuable workforce in their development. I hope you enjoy the newsletter; we will look to develop these in the future as a regular communication of information and events around the region. I look forward to meeting many of you at the conference and on my travels.

Keith.sutton@swimming.org

ASA HAS A NEW HOME AND A NEW WEBSITE

Aquatics is set to benefit from the ASA, British Swimming and the Institute of Swimming's (IoS) moving to Loughborough University's ambitious sports hub, Sportpark. The new modern office accommodation, housing a variety of sporting organisations in a purpose built centre, will encourage greater innovation and offer better sharing of good practice. If you are involved in aquatics and would like to know more the ASA, British Swimming and the IoS can now be contacted at:

Sportpark
3 Oakwood Drive
Loughborough
Leicestershire
LE11 3QF

Telephone: 01509 618700

In addition, a new look website www.swimming.org has been designed to be more user friendly and provide information on all aquatic activity whether you are new to the sport, a teacher, coach, official, Olympic athlete or just having a look. Visit the new website and find out all that is available.

CONTACT

WEBSITE: www.southeastswimming.org
EMAIL: office@southeastswimming.org
ASA SOUTH EAST REGION, BISHAM ABBEY NATIONAL SPORTS CENTRE, Nr MARLOW, Buckinghamshire, SL7 1RR Tel : 01628 483960



SWIM21/BRITISH GAS CLUB GRANTS

British Gas is offering grants up to £1,000 to clubs that are Swim 21 accredited and up to £500 for clubs working towards an accreditation. This funding is to support your club in delivering its development/action plan. A grant will be awarded based on a submission detailing a project which will assist the club to deliver its action plan.

For more information and an application form go to: www.southeastswimming.org



Official Supplier to the ASA South East Region

www.mailsports.co.uk

Mailsports who is the official supplier to the ASA South East Region is offering 5% discount on any items bought online when you quote SER1906.

SOUTH EAST AQUATICS WORKFORCE CONFERENCE 2010

The South East Aquatics Workforce Conference, is now only a few weeks away on Saturday 26th June at Sunningdale Park, Ascot, Berkshire. An exciting and motivating day lies ahead for all teachers, coaches and tutors. Registration will begin at 9.30 with refreshments on arrival and everyone will have the opportunity to meet our new Regional Director who will welcome and open the Conference, followed by a motivational speech from guest speaker Dennis Reid RPS a former international sportsman and Olympic coach whose philosophy in life is simple **“play to win”** The programme detailed below is aimed at teachers, coaches and tutors involved in every aquatic discipline; with a series of workshops spread across the day promising something for everyone, no matter what your area of expertise.

- Building an Athlete for the Future - Recommended for teachers that work in a Learn to Swim environment
- Learn to Swim to Club Transition - Recommended for coaches (am) and teachers (pm) that work in a club environment
- High Quality School Swimming - Recommended for teachers that work in a school swimming environment
- Mandatory Tutor Training - Mandatory CPD for all ASA tutors (am and pm sessions)
- Building the strongest Engines - Recommended for coaches that work in a club environment
- Fun & Games KS2 (up to level 6 NPTS) - Recommended for teachers that work in a school swimming environment

Following a delicious lunch, the afternoon will begin with a speech and presentation for the South East Coaching Awards by Ben Hunt-Davis MBE. Ben is a British competition rower and Olympic champion. He won a gold medal in the coxed eights at the 2000 Summer Olympics in Sydney, as a member of the British Rowing team. Sarah Beevers ASA Coaching Systems Officer will end this exciting and fulfilling day with a workforce update and an introduction to our future plans. Cost for the whole day is £10 (tutors free) which includes lunch, all refreshments and a delegate pack. Places are booked on a first come first served basis and the conference is filling up quickly so if you haven't already booked please do so as soon as possible.

To book your place please visit www.swimming.org/asa/news or phone 01628 483960



Learn to Swim

Competitive

School Swimming

Tutoring / Assessing

9.30 – 10.00

Registration and Refreshments

10.00 – 11.00

Opening Address and Keynote Speaker

11.00 – 12.30

Building an Athlete of the Future

Learn to Swim to Club Transition

High Quality School Swimming

Mandatory Tutor Training

12.30 – 13.00

Lunch and Networking

13.00 – 14.30

Motivational Speaker and Awards Presentation

14.30 – 16.30

Learn to Swim to Club Transition

Building the Strongest Engines

Fun and Games KS2 (up to level 6 NPTS)

Mandatory Tutor Training

16.30 – 17.00

Coaching Systems Officer Closing address