

# ASA South East Region



The Official Newsletter of the ASA South East Region

FEBRUARY 2009



## WELCOME

The full colour version of this newsletter is available to download from our website: [www.southeastswimming.org](http://www.southeastswimming.org)

We welcome your feedback. To comment or subscribe, please email us at: [office@southeastswimming.org](mailto:office@southeastswimming.org)

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ASA SOUTH EAST REGION, BISHAM ABBEY NATIONAL SPORTS CENTRE, Nr MARLOW, BUCKINGHAMSHIRE, SL7 1RR



*Official Supplier to the ASA South East Region*

[www.mailsports.com](http://www.mailsports.com)

*Official Supplier to the ASA South East Region*

Mailsports are offering great reductions on the commemorative 2008 Championship products: hoodies £15, hats £2.50 and polo shirts for 50p !!! Get in quick whilst stocks last, use the address below for the Mailsports website

[http://www.mailsports.co.uk/clothing/se\\_region/](http://www.mailsports.co.uk/clothing/se_region/)

courses finishing after April 1st 2009.

For more information please go to:

[www.southeastswimming.org](http://www.southeastswimming.org)

## THE HAROLD FERN AND ALFRED H. TURNER AWARDS

The asa is seeking nominations for the Harold Fern and Alfred H. Turner Awards 2008. These awards are given to the individual or organisation who, through educational or instructional achievement, architectural design, writing or the development of original material, competitive performance, or by a continuing effort to establish swimming facilities, has made the most outstanding contribution to swimming at national or international level. If you wish to submit a nomination please send it to the Regional Office by 14<sup>th</sup> April 2009.

For more information please go to:

[www.britishswimming.org](http://www.britishswimming.org)

### LEADING SPORTS SUPPORTERS MAKE A SPLASH WITH SWIMMERS

Three of the UK's leading sports figures met potential stars of the pool at Southern Water's Learn to Swim Conference. **Kate Hoey** MP, London's Commissioner for Sport and the former Government Sports Minister, **David Sparkes**, Chief Executive of the asa joined Olympic Gold Medallist Duncan Goodhew at the Southern Water conference held at the Olympos Burgess Hill in Sussex on 29<sup>th</sup> January. Duncan showed Kate Hoey and David Sparkes toddlers enjoying a swimming lesson at the start of the one-day conference. Southern Water's Learn to Swim scheme is taught at more than 70 pools throughout Kent, Sussex, Hampshire & the Isle of Wight and more than half a million children have now learnt on the scheme. The conference brought together the scheme's sponsors, instructors, coordinators, councillors, pool managers, representatives from the regional/national asa, IoS and was attended by more than 150 people. The Southern Water Learn to Swim scheme is run in partnership with Southern Water contractors 4Delivery and Morrison and is supported by Berwin Leighton Paisner, Mott MacDonald, Albion Chemicals, Viridor, Atkins and Clancy Docwra. For more information contact: Karen Hoy 01273 272621 or visit: [www.southernwater.co.uk](http://www.southernwater.co.uk)

### NEW REGIONAL COURSE BURSARY SCHEME

The Region has developed its bursary scheme further to allow the limited funding to be targeted at clubs with clearly identified workforce development needs. The Region has introduced seven additional new criteria, which are as follows:

- Each club will be allocated a maximum of 3 individual applications per year
- A maximum of 50% funding will be available
- Clubs will need to demonstrate efforts to gain funding from alternative sources
- Clubs will need to supply a copy of their swim21 improvement plan as supporting evidence for each application
- Beneficiaries will have a maximum of 4 weeks after the final course date to claim the funding before it is withdrawn
- Only clubs accredited / seeking accreditation at Teaching level will be awarded bursaries for Teaching qualifications
- Only fully completed application forms will be accepted (including specific course dates)

The new bursary application form is available to download from the Regional website. Applications are, now, open for

## WEST SUSSEX DISABILITY TALENT ID DAY

Schools in West Sussex were the first in the South East to take part in the first stage of the Playground to Podium programme that aims to identify young people with disabilities who have potential in swimming and assist them with their development to reach Paralympic levels. The Identifying Ability Day took place at Littlehampton Swimming and Sports Centre with over 30 children attending the day from 4 different School Sports Partnerships. The event began with the pupils completing skills tasks consisting of floating, rotating, jumping, diving, and ability assessments. The children then progressed to taking part in "Time Trials" to achieve the best times for 25m and 50m in any choice of stroke. They all had the opportunity to develop new skills with progressive practices. The day was extremely exciting and enjoyable for all involved. Sports Leaders from the Angmering School and competitive swimmers from Littlehampton SC were on hand to assist with demonstrations, recording assessments and helping the pupils. Coaches from disability clubs across all Sussex were also present to assist with delivery of the event, pupil assessment, and raising awareness of their clubs. Pupils who were identified as having the potential will progress onto a County Athlete Assessment Day later in the year.

For more information contact:

[lyndsey.hollands@freedom-leisure.co.uk](mailto:lyndsey.hollands@freedom-leisure.co.uk)

## TALENTED ATHLETES BENEFIT FROM GREAT SUPPORT IN HAMPSHIRE

In 2008, Aquatic sports scooped 15% of the total Hampshire Talented Athlete Scheme (HTAS) grants awarded by the Hampshire County Council (HCC). The grants went to three synchronised swimmers from Rushmoor SSC; 8 divers from Southampton Diving Academy; and 14 swimmers from Portsmouth Northsea SC, Hazlemere SC, Eastleigh & Oaklands SC, Winchester SC, Hamble Aquatics SC, City of Southampton SC and Bracknell & Wokingham SC. The scheme, launched in 2007, is designed to help those high level athletes who currently receive little or no support from their governing body, thus allowing them free access to leisure centres, some financial and transport support as well as assistance with equipment costs. Aquatics along with athletics were the top sports supported by HCC.

For more information about the scheme log on to:

<http://www.sporthamphshireiow.co.uk>

## ANOTHER FANTASTIC MASTERS LONG COURSE MEET

The Region held its Masters and Seniors Long Course meet at K2 Crawley on 24th and 25th January 2009. It provided a full programme of Masters events from 50m to 200m on all strokes plus 200m & 400m IM and 400m & 800m freestyle. There were 386 individual entrants from 96 South East and London clubs and 81 teams from 17 clubs. For the second year, the Region was pleased to welcome two clubs from abroad, DDS Milano from Italy and AMT Zurich from Switzerland. The high standard of swimming saw eleven British Records and six European records being set. Big thanks go to the officials and all volunteers who helped to make the meet run so smoothly. Masters Group Manager, Geoff Stokes gave an interview with Southern Counties radio prior to the event getting a chance to up the profile of Masters. The ASA SER Short Course Masters & Seniors meet will be held at the Spectrum, Guildford on 3rd October 2009.

For more information about Masters swimming in the Region or the event e-mail:

[geoff.stokes@southeastswimming.org](mailto:geoff.stokes@southeastswimming.org)

## CHILDREN GET SAFE FOR SUMMER

Planning for this year's Get Safe for Summer in the South East Region is well underway. In 2009, the regional event will take place at Crowborough Leisure Centre in Sussex. The facility is run by *freedomleisure* who works closely with the Region and part funds the Partnership Swimming Development Officer for Sussex. There is an opportunity for others to join in with a local event at your centre or swim school. For more information please visit the new website at [www.getsafe4summer.org](http://www.getsafe4summer.org) or contact Regional Business Manager, Anne-Marie Slade at:

[anne-marie.slade@swimming.org](mailto:anne-marie.slade@swimming.org)

## SCHOOL SWIMMING

Following two successful years of funding the Top Up programme continues with the name change to the School Swimming Improvement Programme. The national programme, which sees £8.25m of government funding over three years aims to assist pupils in Key Stage 2 (7-11 years) to reach the curriculum attainment, which includes water safety and a minimum standard of 25m. The funding, provided by DCSF and coordinated by the asa through two School Swimming Advisors in the

South East, is allocated to each School Sports Partnership (SSP) for delivery, which suits their local needs. A number of changes have been made to the programme since the Top Up days. These are notably, widening delivery to all pupils in KS2 rather than the main focus on year 6 pupils and opportunity to include additional teachers in current swimming provision or incorporating the previous structure of intensive sessions. It has been acknowledged, by many, the true importance of the programme. Pupils who can swim 25m and beyond may be more likely to stay safe should they get into any danger near water, which is important as drowning still ranks in the top 5 causes of child deaths in the UK.

In the South East the majority of SSPs have now submitted their delivery plans, allowing funding to be released and delivery to start. Around £250,000 of funding will benefit pupils in the Region in the academic year of 2008/09. In the first 3 months nearly 3,000 pupils have already had assistance to improve their swimming and reach the KS2 attainment.

For more information please contact:

[sarah.tamone@swimming.org](mailto:sarah.tamone@swimming.org)

## USEFUL RESOURCE FOR CLUBS AND PARTNERS

The asa Volunteer Forum has developed:

1. A booklet about organising and delivering aquatic events. The resource is designed to assist event and competition organisers through providing;

- Top tips and good practice from experienced volunteers
- Templates / resources to assist you and save you time
- Further information and learning / training opportunities

2. Good Club Guides are also available on the following topics:

- Chairperson
- Workforce Coordinator
- Treasurer
- Secretary
- Funding and Sponsorship Officer
- Marketing/Promotions/Press Officer
- Team Manager
- Club Captain
- Welfare Officer

Copies of both resources are available to download from:

[www.britishswimming.org](http://www.britishswimming.org)