

ASA SOUTH EAST REGION

NEWSLETTER—September 2008

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WELCOME

Welcome to the September issue!

The full colour version of this newsletter is available to download from our website: www.southeastswimming.org

If you have any comments, questions or articles for the next edition of the newsletter, please send them to the Regional Office: office@southeastswimming.org



At a recent National Swim21 panel **seven** more clubs were awarded accreditation;

- Amersham SC at Diving Teaching level
- Hamble Aquatics SC at Skill Development level
- East Grinstead SC at Skill Development level
- Maidstone SC at Skill Development level
- Star Diving Club at Teaching & Skill Development levels
- Wantage White Horses SC at Skill Development level
- Winchester City Penguins SC at Skill Development level.

These new additions bring the Region's total to 66, the highest number in the Country.

At the same panel two of the Region's clubs successfully gained re-accreditation; Fareham Nomads SC and Romsey & Totton SC.

For information about Swim21 please contact:

natalie.cunningham@swimming.org

TEAM GB AT THE BEIJING 2008 OLYMPIC GAMES: REGIONAL PERFORMANCES

Following the National Coverage of our successful TEAM GB at the recent Olym-

pics here is round up of how our regional athletes performed at the Games. Our congratulations go to all who represented their Country at such a prestigious World event:

Regional Qualifiers: Synchro Duet

- Olivia Allison
 - Jenna Randall
- Both from Rushmoor Synchro SC, achieved 14th place

Regional Qualifiers: Swimming

- Gemma Spofforth (Portsmouth Northsea SC)

In the 100m Backstroke made a new British and European Record of 59.38 sec and came so close to a bronze medal just 4 hundredths of a second behind Margaret Hoelzer of the USA.

In the 200m Backstroke, Gemma just missed the final by 12 hundredths of a second.

Gemma was also part of the 4x100m medley relay squad who were just out of the medals but swam a new European record.

- Simon Burnett (Windsor SC)
- Was part of the 4 x 100m Freestyle Relay who set **another** British Record for the event, although this saw them finish eighth in the final. Simon also achieved 6th place for the 4x100m medley relay as part of the team.

Regional Qualifiers: Diving

- Pete Waterfield (Southampton Diving Academy)

A semi Finalist in the 10m Individual Platform narrowly missing out on the final by 3 points due to an injured shoulder.

- Stacie Powell (Southampton)
- Competed in the 10m Synchronised Platform and finished 8th place in the final with Tonia Crouch.

On an individual basis Stacie finished 10th place in the final on the 10m Platform.

- Blake Aldridge (Southampton)
- Performed in the 10m Synchronised Platform finishing 8th place in the final with Tom Daley.

SURREY CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD) DAY



Surrey ASA are holding a FREE CPD day on Sunday 21st September. The day will include workshops on Child Protection, Disability Awareness and Team Managing. To book a place please contact Trevor Marshall on tamarshall@hotmail.co.uk

HAMPSHIRE COUNTY TRAINING DAY



Hampshire County ASA are holding their County Training Day on Sunday 12th October at Southampton Solent University. The day, costing £20 per person including refreshments, will include Club for All, Equity in your Coaching, Team Manager Training and Safeguarding and Protecting Children courses. All courses are required for clubs to achieve Swim21. There are also sessions planned specifically for coaches and officials.

To book a place please contact: lee.spindlow@hants.gov.uk

CHANGES TO THE REGIONAL TEAM

Emily Swain, Bucks Aquatic Development Officer left her post in August to return back home to Somerset to work in the development of swimming in Higher Education. Emily has done a tremendous amount of great work in the development of swimming across Buckinghamshire as previously detailed in our Regional June Newsletter. Her successor hopes to start in post mid-September.

James Barter, our Everyday Swim Coordinator based at Pool in the Park, Woking is

also leaving his post on 5 September to go back into the IT business. James has delivered on a number of successful initiatives under the Everyday Swim programme, many being showcased in Swimming Times, Everyday Swim newsletter and our Regional newsletter.

We wish both James and Emily the very best in their new roles. We Will miss them greatly!

ELECTRIC EELS SC SPARK SUCCESS



Launched in June and affiliated to the Region this year, Electric Eels is a new swimming club and the first of its kind in the country specifically for people with Down's Syndrome. It is open to all who are aged 6 years or over irrespective of whether or not they can swim. People with Down's Syndrome who wish to swim competitively are eligible to enter national disability galas and Special Olympic competitions.

The club meets on most Saturdays except Christmas, Easter and all of August at the Windsor Leisure Centre in Windsor. Sessions run from 5.30pm until 6.30pm.

To celebrate the launch, Paralympian Graham Edmunds joined members as seen above with President Ron Philips MBE. The club also has a number of patrons; Sir Clive Woodward, Sharron Davis, Graham Edmunds, Jennifer Higgins and Theresa May, MP.

Volunteers and members are working hard to develop the club seeking more pool time from the Council. The club has completed the Swim21 Audit and is in the process of training their volunteers in Level 1 Teaching Aquatics qualifications.

For further details please see the club website www.electriceels.org.uk

DISABILITY OFFICIALS CPD

The Region is running a free CPD Course for Swimming Officials who would officiate at disability events on 4th October from 9am till 5pm in Guildford, Surrey.

Please go to: www.southeastswimming.org for booking details.



TORCH TROPHY TRUST

The Region's main benefit for Swim21 clubs is our coach bursary scheme, which is a highly popular scheme that clubs have taken advantage of. Due to the success of this scheme the number of bursaries per club are limited to 5 per club.

Clubs seeking bursaries towards coach education qualifications in advance of taking the course and who have already taken advantage of their 5 bursaries from the region can apply to the Torch Trophy Trust.

A Torch Trophy Trust Bursary is awarded to enable individuals or groups to enhance their knowledge in order to assist their club, organisation or community to develop their chosen sport, by:

- Providing funding for volunteers.
- Encouraging and helping voluntary workers at club level.

The Trust makes grants of up to £1,000 available to individuals or groups to enable them to develop talent, increase volunteers' knowledge and improve skills at grass roots sport and recreation.

In most cases, the minimum Bursary would be £100 and the maximum £1000 and it would not be for more than 50% of the total costs involved.

The Bursaries are available to those who are unable to obtain the necessary funding from any other source. A letter from the relevant Governing Body must support the application so please contact your Regional Development Officer, Karen Woolland or Natalie Cunningham for this.

Applications are welcomed from all parts of the United Kingdom and from all sports including disability and youth.

More details can be found at: www.torchtrophytrust.org

REGIONAL DEVELOPMENT CONFERENCE AND ANNUAL COUNCIL MEETING

As previously publicised the Region is holding its Regional Development Conference and Annual Council Meeting on Saturday 13 September at Windsor Leisure Centre.

The Annual Council Meeting will take place at 13.30 and all members are encouraged to attend the meeting to find out what has been happening in the Region and to have the opportunity to influence the future.

Each club is entitled to send 1—3 delegates to the meeting, depending on the size of the club. In order to speak and vote at the meeting, you need to be one of those delegates, all paperwork for this has now been sent to your club secretary.

For any queries please contact: joan.massie@swimming.org

THE HAMPSHIRE PARTNERSHIP SWIMMING DEVELOPMENT OFFICER ROLE



Lee Spindlow has been working for sport Hampshire & IOW for the past 16 months since moving from Cardiff. During this time, Lee has worked to develop Swimming, Waterpolo, Diving and Synchronised Swimming within Hampshire. To date, Lee's successes in the county have been:

- 5 clubs to achieve Swim21 accreditation, including the first Synchronised swimming and performance diving clubs in the country. Plus 5 clubs through the Swim21 re-accreditation process.
- 36 local talented swimmers have attended the partnership development camp and accessed sport science support with performance level skills coaching.
- 2 county disability galas have been run allowing nearly 200 swimmers to participate in competitions.
- Run 4 PESSCL programmes, including Waterpolo, allowing over 80 children the opportunity to access club training sessions.
- Over 180 children have accessed swimming and Waterpolo competitions including a showcase of both Diving and Synchronised Swimming through the Hampshire Youth Games.
- As part of Return to Sport, three programmes were run offering reduced price swimming lessons for adults.
- Provided coach, committee and teacher training for over 150 volunteers.
- Provided opportunities for 40 school teachers to access the national curriculum swimming teachers course.
- Supported 20 young volunteers through either the Helpers Award or the Young Aquatic Organisers Courses.
- 46 talented Swimmers to access additional funding and sport science support.
- Provided Awards for All support to 7 clubs within the county leading to awards of over £8,000 to date.
- Accessed £2,500 worth of training grants for local swimming teachers and coaches.