ASA SOUTH EAST REGION

NEWSLETTER—May 2008

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WELCOME

Welcome to the May issue!

The full colour version of this newsletter is available to down load from our website: www.southeastswimming.org.

If you have any comments, questions or articles for the next edition of the newsletter, please send them to the Regional Office: office@southeastswimming.org

New RDO for the South East Region



Karen Woolland

Karen joins the South East Regional team covering maternity leave for six months. Throughout her roles, Karen has gained the experience and understanding to assist organisations in particular volunteers in the areas of grant, facility and most

importantly sports development.

Karen has taught swimming at local pool providers in Surrey, Middlesex and in Berkshire throughout her sports development career and worked with the ASA in reviewing the Swim 2000 initiative whilst at University.

Karen's first full time role was as County Development Officer, for Berkshire Lawn Tennis Association (LTA) which she undertook for four years working closely with clubs and volunteers on their development aspirations.

Her previous role was with Sports Solutions GB (SSGB) as Head of Projects-South. This role involved assisting organisations to develop their facilities and seek funding.

Prior to this, Karen spent four years with The Football Foundation (FF) as Head of Facilities. This role included managing the

Regional Project Managers and ensuring grants went to the right organisations to develop sport; in particular for football.

Karen inputted into National Funder's strategies and National Governing Body strategies including the recent FA National Game Strategy and LTA Club Vision.

Karen is looking forward to working in the Region and her sub-regional responsibilities cover; Oxfordshire and North Bucks, Berkshire and South Bucks, Hampshire, Isle of Wight and Channel Islands.

You can contact Karen either by email at karen.woolland@swimming.org or on her mobile: 07825 290407

Funding Success for Rushmoor Royals SC

Following a presentation and follow-up workshop organised by the ASA SER and lead by *Fundsport UK*, Rushmoor Royals Swimming Club have been awarded £8,516 by *Awards for All*.

The swimming club intends to use the money to develop their work within the local community and hopefully offer more opportunities for young people to take up swimming.

Dick Fawn, Club Chairman, described the process as 'a highly successful venture' and the club fully intends to take advantage of the award to help move the club forward.

For more information contact: lee.spindlow@hants.gov.uk

Super Stars!

Regional Diving Development Officer for the South, Jo Calvino has been enlisted to train a group of Super Stars on how to dive for their forthcoming Channel 5 programme. Filming will take place at K2, Crawley for a week commencing 12 May. If you would like to go along and be part of the TV audience for more details contact: jo.calvino@swimming.org



ASA South East Regional Awards 2008 including the Aquaforce Volunteer Awards

Nominations are now open for the 2008 ASA South East Region Awards. This years awards have seven categories:

- 1. Outstanding Contribution at club level
- 2. Outstanding Contribution at county/ regional level
- 3. Long Service Award (25 years or more)
- 4. Young Volunteers Award (Under 18 years)
- 5. Young Volunteers Award (18—25 years)6. ASA South East Region Athlete of the
- 7. ASA South East Region Team of the Year.

The winners will be announced at the Annual Gala Awards and Dinner/Dance to be held on Saturday 13th September at The Grange Hotel, Bracknell.

The closing date for nominations is **Tuesday 1st July**. The nomination form and guidelines are now available on our website www.southeastswimming.org

ASA SER Regional Development Conference and Annual Council Meeting

The South East Region is holding a Development Conference on **Saturday, 13 September 2008** at Windsor Leisure Centre which will include this years ACM. The day will offer a series of workshops for officials, clubs, swimmers and parents.

Steve Parry will be our guest speaker on the day and together with Total Swimming he will host a pool session for swimmers from Swim21 accredited Clubs, aged 12—16 yrs old. Details of the day are being finalised so please keep checking the website for regular updates: www.southeastswimming.org

Head Coach at Star Diving Club, Guildford



Jo Hewat, aged 24, recently succeeded her father as head coach to become the youngest person in the history of the club to hold the post.

Last September, Jo was appointed unanimously by the club committee to take on the job of Community Sports Coach — a newly created role being funded on a 50/50 split between Star and the County Sports Partnership, Active Surrey for a period of up to three years.

For Star this was a landmark decision that had been reached, and a huge, positive step forward. After all, everybody involved in the running of the club up to this point – both on poolside and behind-the-scenes – had been a volunteer. However, the committee did indeed recognise that in order for the club to be able to expand and develop its programme, it would need to employ a central figure to take it forward.

So when Andy Hewat resigned as chief coach after a six-year stint in February, who better to succeed him than his very own daughter?

One of Jo's first priorities is to bolster numbers at some of the mid-week classes, several of which had suffered a noticeable downturn. As well as boosting the intake of new members, the other hugely important precedence is the club's programme of work.

Jo says "I think it's most important that anyone can do anything that they want to do. The main thing is that everyone enjoys it, but also that those who are coaching can help the divers as far as they can." For info contact: www.stardiving.org



Our Region has a target to achieve 76 accredited Swim21 clubs by March next year. To date 53 clubs have gained accreditation. 6 clubs made a submission for Swim21 accreditation to the Regional Panel held in April and 5 clubs are seeking reaccreditation. 9 other clubs succeeded in their annual revalidation.

All clubs are being presented to the ASA Swim21 National Panel in mid-May for a decision.

If your club would like to know more about Swim21 please contact:

natalie.cunningham@swimming.org

Regions Swimmers selection for Beijing

The Region is pleased to announce that the following athletes have been selected for Team GB at the Beijing 2008 Olympic Games:

Olivia Allison and **Jenna Randall** (Rushmoor SSC) will compete in Duet events.

Simon Burnett (Slough and Eton SC) to compete in 4 x 100m Freestyle Relay.

Gemma Spofforth (Portsmouth Northsea SC) to compete in 100m and 200m Backstroke.

British Swimming has nominated two of the region's swimmers for the British Team for the Beijing 2008 Paralympic Games:

Louise Watkin (Redhill & Reigate SC) and **Danielle Watts** (City of Oxford SC).

Another South East swimmer, **Charlotte Woolliscoft** (Shiverers SC) is swimming the 5k for GB in the World Open Water Championships in Seville hoping to qualify for the Olympic games.

For further information about the British Swimming Team please contact: gemma.field@swimming.org

Regions youth gain GB selection

7 swimmers from the Region have been selected to represent GB at the European Junior and World Youth Championships.

Following superb swims at the British Championships in March a group of young talent from the Region have earned international selection:

Kathryn Willis (Bracknell), Sophie Teasdale (Portsmouth) Rachel Solway (Guildford), Jodie Willis (Rushmoor), Adam Harrington (Crawley), Andrew Willis (Bracknell) and Tom Parris (Hastings).

They will all be jetting off to the LEN European Junior Championships in Belgrade this summer.

Tom Parris (Hastings) will also be flying out to Mexico to be part of the GB Team competing at the FINA World Youth Championships in Monterrey, Mexico.

Young Volunteer Training in Bucks

10 young people from across Bucks attended the Young Aquatic Organisers Course in Aylesbury over the Easter holidays. Their main task was to plan and lead an activity, however they also had the opportunity to work within learn to swim les-

sons and assist coaches with the Maxwell Swimming Academy. The candidates will now be required to manage a team at the Bucks Youth Games swimming event before they will be awarded their certificate. For more information contact: eswain@bucksport.org





Everyday Swim Bursaries for Lifeguards

Everyday Swim Co-ordinator, James Barter has helped to secure funding to provide National Pool Lifeguard Qualification (NPLQ) training bursaries. The first bursary was presented to Shammim Hussain who successfully passed her NPLQ course in February. Shammim has secured a post as a Lifeguard at Woking's Pool in the Park.

Pool in the Park has recently amended its guidelines on what people can wear in the pool and this has enabled many people to cover up a bit more whilst swimming. The ladies only session and changes to swim wear in Woking are available to all ladies and it is hoped that these changes will help more women to access their pools and get active in the water. For more information contact: james.barter@woking.gov.uk

Basingstoke Water polo

Saturday 29th March saw the Basingstoke Aquadrome host a one off Mini-Polo CPD coupled with a club Mini-Polo Tournament. The day was organised by Basingstoke and Deane Borough Council to provide teachers with Mini Polo skills.

Basingstoke Bluefins held a mini-polo tournament for local swim school children to attend free of charge after the CPD's conclusion. This provided the course candidates with a chance to further their own learning. All teachers had the opportunity to ask questions to club Water polo coaches and involve themselves in the organisation, refereeing and team managing of the tournament

Lee Spindlow, Swimming Development Officer commented, "It was excellent to see partnerships working between local agencies to provide a finished product to support local teachers and children alike."

As a result of the day's success the Aquadrome will be running Water polo sessions on a Saturday afternoon supported by Basingstoke Bluefins Swimming & Water polo Club. For more information contact: lee.spindlow@hants.gov.uk